



# Native Plant & Wildflower Guide

## Baldwin Hills Scenic Overlook

Native wildflowers have a lot to share this spring!

### Bush Sunflower



My flower friends and I are protected. I have a stem you could chew to relieve pain. I have a dark center unlike the naughty chrysanthemum.

### Goldfields



My seeds can be made into a "pinole" or seed stew.

### California Poppy



Hi! I'm your lovely state flower.

### Prickly Pear Cactus



Nice people are planting me and one day I'll be a good place for my friend, the cactus wren to nest.

### Dune Primrose



My root feet can hold onto shifting soil and sand and I'm well adapted to salty environments.

### California Fuchsia



Come to me hummingbirds! My flowers have nectar!

**White Sage**



Tongva peoples respect my vast medicinal and spiritual uses.

**Purple needle grass**



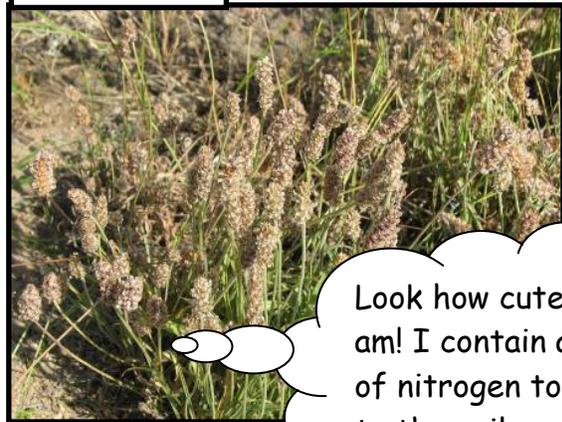
I'm green all year and many animals rely on eating me. I can live to be over 100 years old.

**Owl's Clover**



I'm in the snapdragon family- see how my flowers resemble the animal that gives me a name?

**Plantain**



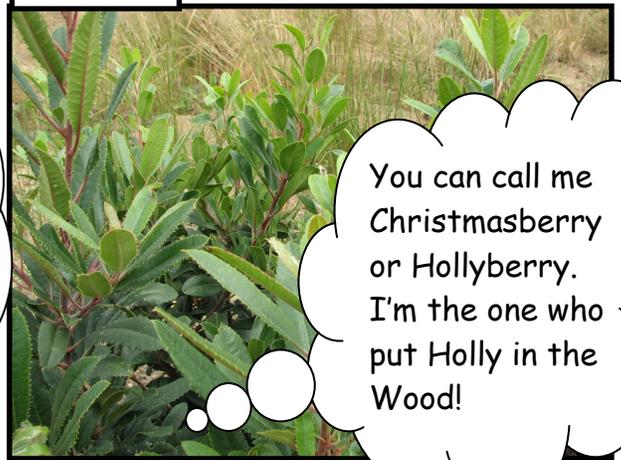
Look how cute I am! I contain a lot of nitrogen to give to the soil.

**Caterpillar Phacelia**



This portrait of me is a little blurry, but I am fuzzy like a caterpillar!

**Toyon**



You can call me Christmasberry or Hollyberry. I'm the one who put Holly in the Wood!

**Giant Wild Rye**



My seedy stems make a much needed tasty treat for birds!

**Arroyo Lupine**



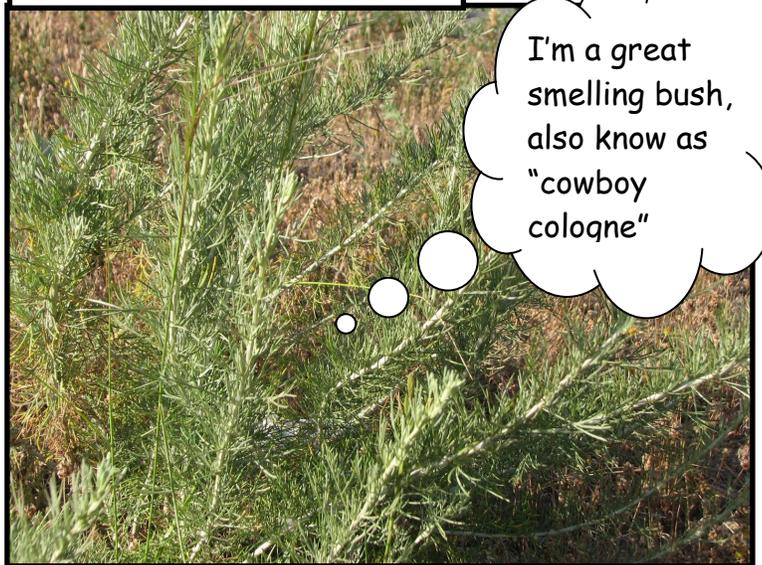
My family's name is Pea. I feel pretty!

**Golden Yarrow**



I bloom March-August and my flower essence is like sunshine.

**California Sagebrush**



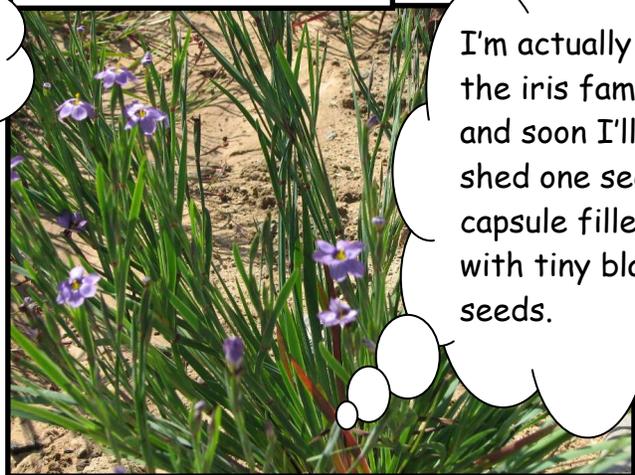
I'm a great smelling bush, also know as "cowboy cologne"

**California Aster**



Native moths and butterflies need my nectar.

**Blue-eyed grass**



I'm actually in the iris family and soon I'll shed one seed capsule filled with tiny black seeds.

California Everlasting



I'm in the sunflower family and smell like maple syrup.

Popcorn flower



My tiny white flowers remind people of a tasty treat!

Datura



I can cause a serious reaction, so please be safe and let me be!

Mule fat



Howdy! Gold miners tied their mules to me for a free lunch.

Purple Clarkia



Oh hello, I'm dainty like a ballerina and you can find me all the way to Washington State.

We hope you've enjoyed us, we're not ALL here, but we hope we inspired you to learn more about California's wildflowers!

