



News Release

For Immediate Release
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Summer Lifeguard Tryouts

Saturday morning California State Parks Oceano Dunes and Pismo State Beach will test the mettle of interested candidates for exciting and rewarding summer lifeguard jobs.

To pass, participants must finish a 1,000-yard ocean swim within 20 minutes, and a continuous 200-yard run, 400-yard swim and 200-yard run within 10 minutes. Those qualified will be invited to interview for a chance to advance to State Parks lifeguard training. Widely deemed the most rigorous Lifeguard qualification program; State Parks requires candidates to successfully complete an eight-day, 80-hour program offered in May and June that includes first aid, CPR and aquatic lifesaving and search-and-rescue techniques.

The seasonal job pays \$14.91 per hour to start.

Tryouts for Oceano Dunes lifeguards are scheduled for 9 a.m. Saturday, March 14 at Pismo State Beach (25 West Grand Avenue), Grover Beach, 93433.

Picture ID is required. Minors shall have a parent or guardian present.

For more information, visit <http://www.parks.ca.gov/aquaticsafety> or call (805) 773-7170.

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California State Parks Mission

To provide for the health, inspiration and education of the people of California by helping to preserve the state's extraordinary biological diversity, protecting its most valued natural and cultural resources, and creating opportunities for high quality outdoor recreation.

